

POST CARE INSTRUCTIONS: Neurotoxin WHAT TO EXPECT

- Results are usually seen in 2-6 days.
- 10% of people may not respond for unknown reasons
- You should contract “exercise” muscle(s) that was treated for 1 hour after injection
- You should: remain upright for 4hrs, NO exercise for 4hrs, NO hats or headbands after treatment (treatment day only), and please NO massage
- You can expect results to last from 2-6 months
- You may apply ice, arnica or any other anti-inflammatory topical agents to treat or prevent pain/bruising/swelling

POSSIBLE SIDE EFFECTS AND LESS COMMON COMPLICATIONS

- Side effects associated with the injection include: localized pain, infection, inflammation, tenderness, swelling redness, and/or bleeding/bruising
- less common reactions may include: nausea, fatigue, flu-like symptoms, headache excessive weakness of the muscle, temporary eyelid drooping, temporary brow drooping,
- CALL THE OFFICE 857-891-5252 IF YOU EXPERIENCE: shortness of breath, difficulty swallowing, difficulty talking, severe lower eyelid droop, obstructed vision, excessive weakness around the injection site, rash or a sign of an allergic reaction
- IN CASE OF AN EMERGENCY CALL 911 ***Do not have neurotoxin injections if you are allergic to any of the ingredients in the botulinum toxin or had a reaction to any other botulinum toxin product; have severe allergies and with a history of anaphylaxis; are pregnant or nursing; are under the age of 18; have an active infection at the site of injection or are on immunosuppressive therapy