

## POST CARE INSTRUCTIONS: Dermal Fillers

### DURING AND IMMEDIATELY AFTER YOUR VOLUMIZING FILLER TREATMENT

- Volumizing filler is injected into the skin to soften wrinkles or folds by adding volume.
- Most patients report a mild discomfort typically associated with needle injections. Bruising at the site of injection is a commonly reported side effect. To minimize bruising, inform your provider if you use blood thinners such as ibuprofen, aspirin or herbal supplements.
- You may temporarily experience minimal to moderate swelling following treatment. This should dissipate following injection. Please contact our office if swelling persists.
- It is normal to experience some tenderness at the treatment site for a few days.
- It may be normal to feel a “firmness” in your treated area/s for the first few days after treatment, and then soften and settle, leaving you with a soft, natural looking result.

### POST-TREATMENT INSTRUCTIONS

- Application of an ice pack to the injection area after treatment may help reduce swelling. If swelling persists please contact our office.
- Do not rub or massage the treated area today
- Avoid strenuous exercise or activity for the remainder of 24 hours. You may resume other normal activities/routines immediately.
- You may begin wearing makeup once any pinpoint bleeding from the injection site/s has subsided.
- Avoid drinking alcohol for a minimum of 12 hours as this may contribute to bruising and/or swelling
- Avoid extended UV exposure until any redness/swelling has subsided. Be sure to apply an SPF 30
- We recommend you wait a minimum of 1 week before receiving any skincare or laser treatments. Less Common Side-Effects/Complications Infection at the injection site, asymmetry, bleeding, bruising and swelling, skin rash, under or overcorrection, vascular occlusion

### CALL OUR OFFICE 857-891-5252, IF YOU EXPERIENCE ANY OF THE FOLLOWING:

Increasing pain, swelling, significant bruising or darkening at or around the treatment area, notable change in temperature to the skin surrounding the treatment area, drainage or fever over 101.5 F or ANY other concerns you may have

- IN CASE OF AN EMERGENCY CALL 911

\*\*\*Do not have dermal filler injections if you are allergic to any of the ingredients in the product or had a reaction to any other filler product; have severe allergies and with a history of anaphylaxis; are pregnant or nursing; are under the age of 18; have an active infection at the site of injection or are on immunosuppressive therapy