

## Chemical Peel Post Treatment Instructions

### What to Expect after a Chemical Peel treatment:

- Skin may appear slightly redder than usual for about 1-2 hours after the treatment. If neck and decollete are treated, the redness might last slightly longer.
- Mild edema can last up to 1 hour.
- You may experience mild flaking to visible peeling

### After Care:

- Wait until bedtime before washing the face. Cleanse with a gentle, soap-free cleanser. Do no scrub and/or use a wash cloth.
- Moisturize with a product recommended by your provider while the skin is peeling to relieve dryness.
- Avoid strenuous exercise on the day of the treatment.
- Apply daily sun protection with a minimum SPF of 30 in the AM and throughout the day. Avoid direct sunlight for at least a week.

### Four-five days after procedure:

- The regular use of Retin-A, alpha hydroxy (AHA) products or bleaching creams can be resumed after 4-5 days.
- Wait until skin sensitivity and all flaking and or peeling resolves before having ANY OTHER FACIAL PROCEDURES, including: facials, facial hair removal, microdermabrasion, Neurotoxin injections, laser treatments (including hair removal) and injectable fillers.